

MORNING SERMON OUTLINE  
*DON'T WORRY; PRAY WITH THANKSGIVING*  
Philippians 4:5-7

1. What's wrong with worry?
2. Antidotes for worry
3. A promise of peace

*I sought the Lord, and He answered me  
and delivered me from all my fears.*

**Psalm 34:4**

*Therefore, since we have been justified by faith, we have peace with  
God through our Lord Jesus Christ.*

**Romans 5:1**

*Peace I leave with you; My peace I give to you. Not as the world gives  
do I give to you. Let not your hearts be troubled, neither let them be afraid.*

**John 14:27**

*Humble yourselves, therefore, under the mighty hand of God so that at  
the proper time He may exalt you, casting all your anxieties on Him,  
because He cares for you.*

**1 Peter 5:6,7**